



### **A short biography of Bertrand Sonnery-Cottet**

Bertrand Sonnery-Cottet is a prominent and internationally recognized knee surgeon and sports medicine specialist from Lyon, France. In Sweden, he is perhaps best known as the doctor who operated on Zlatan Ibrahimović's ACL injury.

Sonnery-Cottet has made significant contributions to the development of modern knee surgery, particularly in anterior cruciate ligament (ACL) reconstruction. He has been a pioneer in research and practice regarding lateral extra-articular reconstructions (LET) in combination with ACL reconstruction. This approach aims to improve knee joint stability and reduce the risk of re-injury, an essential aspect especially for high-level athletes.

Another key focus of his work is emphasizing the importance of addressing concurrent meniscus injuries during ACL surgeries, which is crucial for the long-term health and function of the knee joint.

In addition to his surgical expertise, Sonnery-Cottet earned a PhD with a dissertation on arthrogenic muscle inhibition, a condition where muscle function is adversely affected by joint injuries or inflammation. His research in this area has gained significant attention and contributed to a deeper understanding of rehabilitation following knee injuries.

<https://www.researchgate.net/profile/Bertrand-Sonnery-Cottet>



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