



A short biography of Niklas Cederström

Niklas Cederström received a Master's degree in Sports Sciences with emphasis in Sport Psychology from Lund University in 2014 and a PhD in Health Sciences with emphasis in Sports Sciences from Lund University in 2022. He is currently a lecturer at Halmstad University, and has a continued collaboration with his research partners in Lund in a project examining the use of a psychological skills training intervention to improve rehabilitation of musculoskeletal injuries and diseases.

<https://www.researchgate.net/profile/Niklas-Cederstroem>