



Short Biography of Maria Werin, PhD, Physiotherapy

Dr Maria Werin, PhD, and Specialist in Orthopedic Manual Therapy and Sports Medicine, graduated in 1984 with a degree in Physiotherapy from Karolinska Institute (K.I.) in Stockholm. Her early career involved working with orthopedic and geriatric patients at Danderyd and Stureby Hospitals, Stockholm Sweden. From 1985 to 1997, she focused on occupational health, followed by a decade of private practice at Haninge FysioCenter (1997–2008). During this time, she completed advanced training in Orthopedic Manual Therapy (OMT), earning my OMT certification in 2004.

She studied Sports Medicine at Karolinska Institutet, Stockholm and Umeå University, followed by doctoral studies at Ghent University in Belgium. Parallel to her studies she joined the sports clinic at Capiro Arthro Clinic in 2008, where she is working as a sports physical therapist.

June 2024, she defended her PhD thesis »The.Role.of.the.Kinetic.Chain.in.the.Sporting.Shoulder? at Ghent University, Belgium.

[Maria WERIN | Ghent University, Gent | UGhent | Department of Rehabilitation Sciences and Physiotherapy | Research profile](#)