

SOPHIAALEN

October 16th 13.00 – 13.50

"Advanced footwear technology: performance and injury considerations from a biomechanical perspective."

Chair: Toni Arndt (SWE), prof. Biomechanics

Toni Arndt (SWE), prof. Biomechanics - *"Advanced footwear technology and its performance-enhancing effects: what is happening – and is it cheating?"*

Joanna Kvist (SWE), prof, RPT - *"Injury prevalence when running in advanced footwear technology – a long-term follow up of Swedish recreational runners"*